



# PATIENT MEDICAL HISTORY

Last Name \_\_\_\_\_ First \_\_\_\_\_ MI \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_  Male  Female  
Address \_\_\_\_\_  
Home Phone \_\_\_\_\_  
E-mail Address \_\_\_\_\_  
Occupation \_\_\_\_\_

## **CURRENT MEDICATIONS**

List all medications that you are taking (prescriptions and over-the-counter).

Medication	Daily Dose	How Often
1 _____	_____	_____
2 _____	_____	_____
3 _____	_____	_____
4 _____	_____	_____
5 _____	_____	_____
6 _____	_____	_____
7 _____	_____	_____
8 _____	_____	_____

## **PAST MEDICAL HISTORY (Medical problems, such as hypertension, diabetes, atrial fibrillation)**

1 _____	6 _____
2 _____	7 _____
3 _____	8 _____
4 _____	9 _____
5 _____	10 _____

## **ALLERGIES**

Medication or injection	Reaction	Year
1 _____	_____	_____
2 _____	_____	_____
3 _____	_____	_____
4 _____	_____	_____

## **SOCIAL HISTORY**

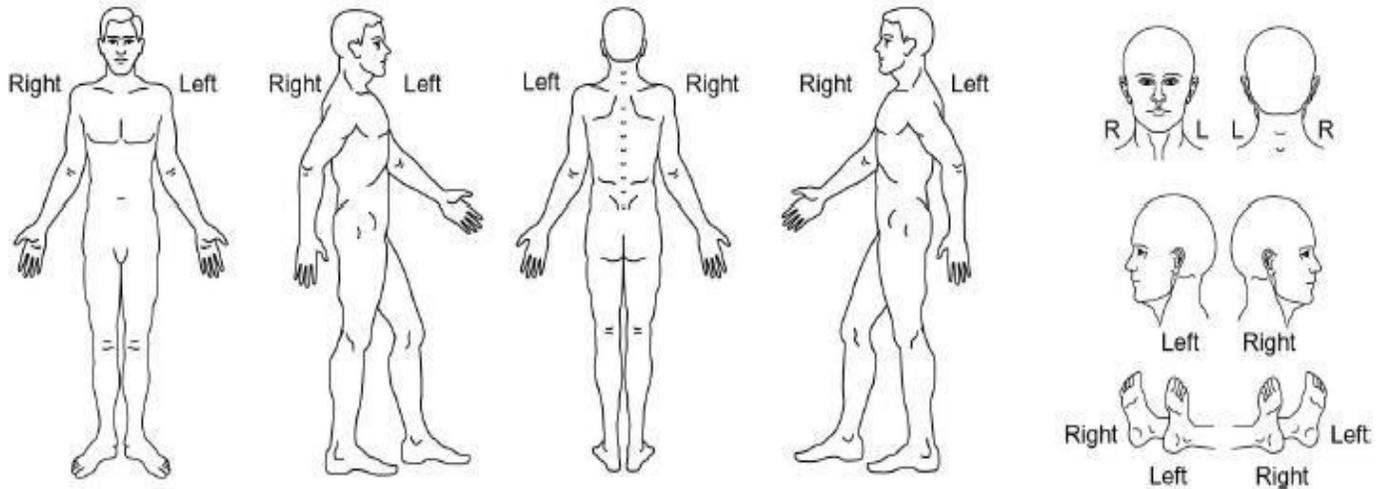
Do you smoke?  No  Yes How Long: \_\_\_\_\_ How Much: \_\_\_\_\_  
What do you smoke?  Cigarettes  Cigars  Pipe  
Have you stopped?  No  Yes When: \_\_\_\_\_  
Do you drink alcohol?  No  Yes

How Much?

- 1 drink/day  
  2 oz./day  
  4 oz./day  
  More

**PAIN HISTORY (only fill out if you have pain)**

Use this diagram to indicate the area of your pain. Mark the location with an "X"



Approximately, when did this pain begin? \_\_\_\_\_

What are the goals you wish to achieve with Pain Management? \_\_\_\_\_

**Physical therapy**

List the physical therapy you have completed

Month/year

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_

**Diagnostic Testing:**

- MRI cervical spine. Date: \_\_\_\_\_ Location: \_\_\_\_\_
- MRI lumbar spine. Date: \_\_\_\_\_ Location: \_\_\_\_\_
- EMG. Date: \_\_\_\_\_ Location: \_\_\_\_\_
- Other imaging studies: \_\_\_\_\_

**Interventional Pain Treatment history:**

Did it help?

- Epidural steroid injection: Cervical/Thoracic/Lumbar (circle all applied).  Yes  No
- Medial Branch Blocks/Facet Injections - (circle levels) Cervical/Thoracic/Lumbar  Yes  No
- Radiofrequency Nerve Ablation – (circle levels) – Cervical/Thoracic/Lumbar  Yes  No
- Nerve Blocks – Area/Nerve(s) - \_\_\_\_\_  Yes  No
- Spinal Cord Stimulator – Trial Only/Permanent Implant \_\_\_\_\_  Yes  No
- Other treatments: \_\_\_\_\_

Pain scale	Not at all	To a slight degree	To a moderate degree	To a great degree	All the time
1. I worry all the time about whether the pain will end.	0	1	2	3	4
2. I feel I can't go on.	0	1	2	3	4
3. It's terrible and I think it's never going to get any better.	0	1	2	3	4
4. It's awful and I feel that it overwhelms me	0	1	2	3	4
5. I feel I can't stand it anymore.	0	1	2	3	4
6. I become afraid that the pain may get worse.	0	1	2	3	4
7. I think of other painful experiences.	0	1	2	3	4
8. I anxiously want the pain to go away.	0	1	2	3	4
9. I can't seem to keep it out of my mind.	0	1	2	3	4
10. I keep thinking about how much it hurts.	0	1	2	3	4
11. I keep thinking about how badly I want the pain to stop.	0	1	2	3	4
12. There is nothing I can do to reduce the intensity of the pain.	0	1	2	3	4
13. I wonder whether something serious may happen.	0	1	2	3	4
Total score					